



FEBRUARY

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 February 1–2				B: Cinnamon Toast (WG), Bananas (F), Milk L: Fish Sticks (CN), Peas and Carrots Mix (C), milk S: Chips, Salsa, Water	B: Cereal, Applesauce (C) and Milk L: Grilled Cheese (WG), Tomato Soup ©, Corn (c)milk S: Graham Crackers, Nutella, Water
Week 2 February 5-9	B: Cereal (WG), bananas (F), milk L: Baked Spaghetti (HM), salad (F), oranges (F), milk S: Cheese Sticks, Pretzels, Water	B: Mini Pancakes, Tropical fruit (C), Milk L: Cabbage with Turkey Smoked Sausage (HM), Mixed Fruit (C), Crackers (WG), Milk S: Yogurt Sticks, Graham Crackers, Water	B: Toast (WG), Turkey Sausage, Apples (C), Milk L: Chicken Nuggets (CN), Bread, Corn (C), , Applesauce (C), Milk S: Goldfish, 100% Juice	B: Yogurt Parfait , MixedBerries (FR) Milk L: Beef Hot Dogs on Buns (WG), Green Beans ©, Oranges (F), Milk S: Bananas, Peanut Butter, Water	B: Cereal, Mixed Fruit (C) & Milk L: Turkey and Cheese Sandwiches (WG), Applesauce (C), Carrots (F), Milk S: Cheeze Its, 100% Juice
Week 3 February 12-16	B: Cereal (WG), Mixed Fruit© and Milk L: Broccoli Alfredo (HM), Pineapples (C), Milk S: Sunchips, 100% Juice	B: Waffles, Bananas (F), Milk L: Chicken and Rice (WG) Casserole (HM), Green Beans (C), Pears(C), Milk S: Pretzel Sticks, Nutella, Water	B: Biscuits and Sausage Gravy, Oranges (F), Milk L: Fish Sticks (CN), Peas (C), Carrots (C), Milk S: Chips, Salsa, Water	B: Cinnamon Toast, Bananas (F), milk L: Grilled Cheese (WG), Tomato Sauce (C), Mandarin Oranges (C), Milk S: Animal Crackers, 100% Juice	B: Cereal, Pears (C), Milk L: Pasta Salad (HM), Pineapples (C), Crackers (WG), Milk S: Graham Crackers, Peanut Butter, Water
Week 4 February 19-23	B: Cereal (WG), Bananas(F) and Milk L: Hamburger Casserole(HM), Salad (F), Pineapples (C), Milk S: Yogurt Sticks, Graham Crackers, Water	B: Mini Pancakes, Tropical Fruit (C), Milk L: Sloppy joe on Buns (WG), mixed Vegetables (C), Oranges (F), Milk S: Cheese Sticks, Crackers, Water	B: Toast(WG), Turkey Sausage, Applesauce (C), milk L: Cabbage with Turkey Smoked Sausage (HM), Mixed Fruit (C), Milk S: Goldfish, 100% Juice	B: Waffles, Pineapples (C), Milk L: Beanie Weenies (HM), mixed fruit (C) , bread (WG), milk S: Bananas(F), Peanut Butter, Water	B: Cereal (WG), Apples© & Milk L: Vegetable Soup (HM), Oranges (F), Milk S: Cheeze its, 100% Juice